



Greater Manchester
Integrated Care

Keep Connected: Engagement Calendar

April 19 – 30 June 2022

NHS
**Heywood, Middleton
and Rochdale**
Clinical Commissioning Group

NHS
Oldham
Clinical Commissioning Group

NHS
Bury
Clinical Commissioning Group

NHS
Tameside and Glossop
Clinical Commissioning Group

NHS
Stockport
Clinical Commissioning Group

**Greater
Manchester**
**Health and
Social Care
Partnership**

NHS
Manchester
Clinical Commissioning Group

NHS
Salford
Clinical Commissioning Group

NHS
Wigan Borough
Clinical Commissioning Group

NHS
Trafford
Clinical Commissioning Group

NHS
Bolton
Clinical Commissioning Group

NHS
Greater Manchester Shared Services

Keep Connected Engagement Calendar

Welcome

The Keep Connected Engagement Calendar provides you with information and links to book on the NHS Greater Manchester Integrated Care engagement and wellbeing sessions.

All sessions are available to staff across the 10 Greater Manchester CCGs, GMSS and GMHSCP.

The calendar now includes sessions which cover themes identified in the findings of the Cultural Audit, including Creating a Positive Culture and Talent Management.

The calendar will be updated and shared fortnightly with the regular ICS Transition Staff Briefing, so keep checking the calendar for new sessions.

Additional Function Engagement Sessions are being delivered with all the functions, please speak to your function lead for more information.

Thank you, and we look forward to seeing you at the sessions.

Keep Connected Engagement Calendar

A little bit about the different sessions



NHS GM Integrated Care – Looking After Your Wellbeing

Wellbeing activities on supporting the individual, as well as teams and line managers.

NHS GM Integrated Care – Hybrid Working

Your opportunity to shape and influence the future of our Hybrid Working principles.

NHS GM Integrated Care – Cultural Audit Key Theme Sessions

Developed from the findings of the Cultural Audit and what you told us is important to you, to have a deeper dive into the positive culture we can shape for NHS Greater Manchester Integrated Care. Co-delivered with Delve OD.

GM Wellbeing Workshops

A series of wellbeing workshops covering themes including Menopause, Musculoskeletal prevention and bereavement. As well as a dedicated GM Wellbeing Toolkit sessions.

Masterclass – Uncertainty is the only certainty there is

How can we best cope when everything feels so out of control? Join this NHS GM Integrated Care masterclass session with Rene Barrett which explores strategies to help alleviate anxieties and face the unknown with more confidence.

Masterclass – You Matter: Self Care and Self Compassion

Investing in our own wellbeing and developing greater self-compassion needs to be a priority. Each of us is different and there is no one right way to do this. Join this NHS GM Integrated Care masterclass session with Rene Barrett which explores strategies for self-care and compassion.

Keep Connected Engagement Calendar

APRIL 18-29, 2022

MONDAY

18

TUESDAY

19

NHS GM
Integrated Care:
Wellbeing - Money
& Wellbeing
10am - 11am

WEDNESDAY

20

THURSDAY

21

FRIDAY

22

25

NHS GM Integrated
Care - Looking
After Your
Wellbeing

9:30am - 11am

NHS GM Integrated
Care – Hybrid
Working

11am - 12:30pm

26

Wellbeing: Insight
into LGBTQ+ &
Intersectional
Inequalities

9:30am-11:30am

NHS GM Integrated
Care – Hybrid
Working

1:00pm - 2:30pm

27

Wellbeing:
Looking After
Yourself & Your
Teams

9:30am - 11am

Masterclass:
You Matter – Self
Care &
Compassion

1pm - 2pm

NHS GM Integrated
Care – Developing
Good Leaders and
Managers

2pm - 3:30pm

28

Psychological
Safety Through
Change

11am - 12:30

29

Keep Connected Engagement Calendar

MAY 2-10, 2022

MONDAY

2

TUESDAY

3

WEDNESDAY

4

Wellbeing: Bitesize
Session: Menopause
1pm – 2pm

Wellbeing: Leading
Through Changing
Times
2pm - 3pm

NHS GM Integrated
Care - Hybrid
Working
1pm – 2:30pm

THURSDAY

5

Wellbeing:
Musculoskeletal
Prevention at
Home and Work
9.30am - 11.00am

NHS GM Integrated
Care - Developing
Good Leaders and
Managers
9:30am - 11:00am

NHS GM Integrated
Care - What Makes
a Great Induction?
12:30pm - 2:00pm

NHS GM Integrated
Care – Talent
Management
3:00pm - 4:30pm

FRIDAY

6

9

NHS GM Integrated
Care – Developing
Good Leaders and
Managers
12:30pm - 2:00pm

10

NHS GM Integrated
Care - Creating a
Positive Culture
9:30am - 11:00am

NHS GM Integrated
Care - Hybrid
Working
11am – 12:30am

Keep Connected Engagement Calendar

MAY 11-24, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

11

12

Wellbeing: REACT
Mental Health®
9.30am - 11.30am

NHS GM Integrated
Care - Creating a
Positive Culture
1:30pm - 3:00pm

13

16

NHS GM Integrated
Care – Talent
Management
1:00pm - 2:30pm

17

NHS GM Integrated
Care - Creating a
Positive Culture
9:30am - 11:00am

18

NHS GM Integrated
Care - What Makes
a Great Induction?
9:30am - 11:00am

NHS GM Integrated
Care - Creating a
Positive Culture
1:00pm - 2:30pm

19

NHS GM Integrated
Care - Creating a
Positive Culture
2:00pm - 3:30pm

20

23

NHS GM Integrated
Care - Creating a
Positive Culture
1:00pm - 2:30pm

24

Keep Connected Engagement Calendar

MAY 25-31, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

25

26

NHS GM Integrated
Care – Talent
Management
1:30pm - 3:00pm

27

Wellbeing: Insight
Into Menopause
and Gender
Identity
12:30-14:00

30

31

Wellbeing: Looking
After Yourself &
Your Teams
9.30am - 11am

Keep Connected Engagement Calendar

JUNE 1-13, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

6

7

NHS GM Integrated
Care – Developing
Good Leaders and
Managers

9:30am - 11:00am

NHS GM Integrated
Care - What Makes
a Great Induction?

1:00pm - 2:30pm

8

9

10

Wellbeing: REACT
Mental Health®

9.30am - 11.30am

13

Keep Connected Engagement Calendar

JUNE 14-30, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

14

15

NHS GM Integrated
Care – Talent
Management
9:30am - 11:00am

16

17

20

21

Masterclass:
Insight into
Bereavement Grief
and Suicide
Prevention
9:30 - 10.30am

22

23

24

27

28

29

30

Wellbeing:
Looking After
Yourself & Your
Teams
9:30am - 11am

Thank you

We hope you find these session useful