



Greater Manchester
Integrated Care

Keep Connected: Engagement Calendar

Updated April 2022

NHS
Heywood, Middleton
and Rochdale
Clinical Commissioning Group

NHS
Oldham
Clinical Commissioning Group

NHS
Bury
Clinical Commissioning Group

NHS
Tameside and Glossop
Clinical Commissioning Group

NHS
Stockport
Clinical Commissioning Group

Greater
Manchester
Health and
Social Care
Partnership

NHS
Manchester
Clinical Commissioning Group

NHS
Salford
Clinical Commissioning Group

NHS
Wigan Borough
Clinical Commissioning Group

NHS
Trafford
Clinical Commissioning Group

NHS
Bolton
Clinical Commissioning Group

NHS
Greater Manchester Shared Services

Keep Connected Engagement Calendar

Welcome

The Keep Connected Engagement Calendar provides you with information and links to book on the NHS Greater Manchester Integrated Care pre-TUPE engagement and wellbeing sessions.

All sessions are available to staff across the 10 Greater Manchester CCGs, GMSS and GMHSCP.

This edition of the calendar includes sessions which cover themes identified in the findings of the Cultural Audit, including Creating a Positive Culture and Talent Management. We've made it easy to spot these sessions which are marked with **NEW**

The calendar will be updated and shared fortnightly with the regular ICS Transition Staff Briefing, so keep checking the calendar for new sessions.

Additional Function Engagement Sessions are being delivered with all the functions, please speak to your function lead for more information.

Thank you, and we look forward to seeing you at the sessions.

Keep Connected Engagement Calendar

A little bit about the different sessions



NHS GM Integrated Care – Looking After Your Wellbeing

Wellbeing activities on supporting the individual, as well as teams and line managers.

NHS GM Integrated Care – Hybrid Working

Your opportunity to shape and influence the future of our Hybrid Working principles.

NHS GM Integrated Care – Cultural Audit Key Theme Sessions

Developed from the findings of the Cultural Audit and what you told us is important to you, to have a deeper dive into the positive culture we can shape for NHS Greater Manchester Integrated Care. Co-delivered with Delve OD.

GM Wellbeing Workshops

A series of wellbeing workshops covering themes including Menopause, Musculoskeletal prevention and bereavement. As well as a dedicated GM Wellbeing Toolkit sessions.

Masterclass – Uncertainty is the only certainty there is

How can we best cope when everything feels so out of control? Join this NHS GM Integrated Care masterclass session with Rene Barrett which explores strategies to help alleviate anxieties and face the unknown with more confidence.

Masterclass – You Matter: Self Care and Self Compassion

Investing in our own wellbeing and developing greater self-compassion needs to be a priority. Each of us is different and there is no one right way to do this. Join this NHS GM Integrated Care masterclass session with Rene Barrett which explores strategies for self-care and compassion.

Keep Connected Engagement Calendar

APRIL 1-15, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4
NHS GM Integrated Care - Looking After Your Wellbeing
10.30am - 12pm

5
Wellbeing: Insight into Bereavement Grief and Suicide Prevention
9.30am - 10.30am

NHS GM Integrated Care – Hybrid Working
1pm - 2.30pm

6
Psychological Safety Through Change
11:00-12:30
Wellbeing: Bitesize Session
1pm - 2pm
NHS GM Integrated Care – Hybrid Working
1pm - 2.30pm

7
Wellbeing: Musculoskeletal Prevention: Desk Posture Solution
9.30am - 10.30am

Masterclass: Uncertainty is the Only Certainty
11am - 12pm

1
Wellbeing: Insight into Menopause with Dr Louise Newson
11.30am - 12.30pm

8
Wellbeing: REACT Mental Health®
9.30am - 11.30am

11
NHS GM Integrated Care – Hybrid Working
11am - 12.30pm

12
Wellbeing: Insight into Menopause and Mental Health
9.30am - 11am

13

14

15

Keep Connected Engagement Calendar

APRIL 18-29, 2022

MONDAY

18

TUESDAY

19

[NHS GM Integrated Care: Wellbeing - Money & Wellbeing](#)
10am - 11am

WEDNESDAY

20

THURSDAY

21

FRIDAY

22

25

[NHS GM Integrated Care - Looking After Your Wellbeing](#)
9:30am - 11am

[NHS GM Integrated Care – Hybrid Working](#)
11am - 12:30pm

26

[Wellbeing: Insight into LGBTQ+ & Intersectional Inequalities](#)
9:30am-11:30am

[NHS GM Integrated Care – Hybrid Working](#)
1:00pm - 2:30pm

27

[Wellbeing: Looking After Yourself & Your Teams](#)
9:30am - 11am

[Masterclass: You Matter – Self Care & Compassion](#)
1pm - 2pm

[NHS GM Integrated Care – Developing Good Leaders and Managers](#)
2pm - 3:30pm

NEW

28

[Psychological Safety Through Change](#)
11am - 12:30

29

Keep Connected Engagement Calendar

MAY 2-11, 2022

MONDAY

2

TUESDAY

3

WEDNESDAY

4

Wellbeing: Bitesize Session: Menopause
1pm – 2pm

Wellbeing: Leading Through Changing Times
2pm - 3pm

THURSDAY

5

Wellbeing: Musculoskeletal Prevention at Home and Work
9.30am - 11.00am

NHS GM Integrated Care - Developing Good Leaders and Managers
9:30am - 11:00am

NHS GM Integrated Care - What Makes a Great Induction?
12:30pm - 2:00pm

NHS GM Integrated Care – Talent Management
3:00pm - 4:30pm

FRIDAY

6

9

NEW

NHS GM Integrated Care – Developing Good Leaders and Managers
12:30pm - 2:00pm

10

NEW

NHS GM Integrated Care - Creating a Positive Culture
9:30am - 11:00am

11

NEW

NEW

NEW

Keep Connected Engagement Calendar

MAY 12-24, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

16

NEW

NHS GM Integrated
Care – Talent
Management
1:00pm - 2:30pm

17

NEW

NHS GM Integrated
Care - Creating a
Positive Culture
9:30am - 11:00am

18

NEW

NHS GM Integrated
Care - What Makes
a Great Induction?
9:30am - 11:00am

NEW

NHS GM Integrated
Care - Creating a
Positive Culture
1:00pm - 2:30pm

NEW

12

Wellbeing: REACT
Mental Health®
9.30am - 11.30am

NHS GM Integrated
Care - Creating a
Positive Culture
1:30pm - 3:00pm

19

NEW

NHS GM Integrated
Care - Creating a
Positive Culture
2:00pm - 3:30pm

13

20

23

NEW

NHS GM Integrated
Care - Creating a
Positive Culture
1:00pm - 2:30pm

24

Keep Connected Engagement Calendar

MAY 25-31, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

25

26

NEW

NHS GM Integrated
Care – Talent
Management
1:30pm - 3:00pm

27

30

31

Wellbeing: Looking
After Yourself &
Your Teams
9.30am - 11am

Keep Connected Engagement Calendar

JUNE 1-13, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

3

6

7

NEW

NHS GM Integrated
Care – Developing
Good Leaders and
Managers

9:30am - 11:00am

NEW

NHS GM Integrated
Care - What Makes
a Great Induction?

1:00pm - 2:30pm

8

9

10

Wellbeing: REACT
Mental Health®

9.30am - 11.30am

13

Keep Connected Engagement Calendar

JUNE 20-30, 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

14

15

NEW

NHS GM Integrated
Care – Talent
Management
9:30am - 11:00am

16

17

20

21

Masterclass:
Insight into
Bereavement Grief
and Suicide
Prevention
9:30 - 10.30am

22

23

24

27

28

29

30

Wellbeing:
Looking After
Yourself & Your
Teams
9:30am - 11am

Thank you

We hope you find these session useful